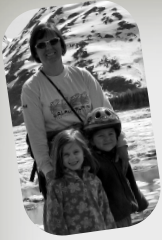


Jr. Hiker Checklist

www.wildernessforkids.com



Bring a mom or a dad.



Water bottle.



Pack an extra layer of clothing in case you get cold.



Bring along a healthy snack.



Wear a hat to protect your skin from the sun.



First Aid Kit.



Colored pencils and note paper.